Transgender Health Care: an Introduction for the General Ob/Gyn

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At a time when lesbian, gay, bisexual, and transgender (LGBT) individuals enjoy even greater social acceptance and legal protection, transgender persons still face challenges on many fronts. The health care system isn't easy to negotiate for people in general and gender identity issues can complicate matters. Most health care providers have very little training and feel underprepared to care for this population. This presentation is an overview designed to help providers and their offices appreciate the unique aspects of care for transgender people and create a more welcoming environment. We will focus primarily on questions seen in a general gynecology office such as effects of treatment does hormones, need for screening and surgical options.